

## **BECOMING A SERVICE MEMBER AT SAN QUENTIN STATE PRISON**

The recidivism rate among inmates is high; parolees are often sent back into the same situation from which they came with little support/tools.

Every Saturday @ 1:00 pm, AFG *Institutions* volunteers enter the prison gates to bring Al-Anon to the inmates in San Quentin's H-Unit – an area primarily for offenders who have a set release date of ten years or less. We participate in this service not to teach or “help” the inmates, but as representatives of Al-Anon Family Groups; we advance our own recovery and share in the miracle of theirs!

Inmates have requested a speaker meeting because they “want to hear (our) stories”. Many are surprised to discover that “our” stories are often their own. They discover that they are *double winners*, do belong in Al-Anon, and can find help – on the inside and the out.

- ❑ Are you an active Al-Anon member with at least two years of recovery?
- ❑ Are you ready to share your Al-Anon story/program?
- ❑ Can you commit to either: 1) attendance of two to four service meetings/month at San Quentin for the next six months; or 2) attending as an occasional speaker at prison meetings during the next year?

If you find a question brewing regarding this service, contact:

Colleen

[diamonds\\_dynamite@earthlink.net](mailto:diamonds_dynamite@earthlink.net)

415 925-1155